

Assurance Therapeutic Outreach is a community-based behavioral / mental health organization providing outreach and services to schools in need across the great city of <u>Houston</u>. Our A+ Program provides support for students suffering emotional, behavioral, or other mental health issues better pursue their education. ATO encourages family and community engagement to help <u>students</u> achieve a lasting positive change for his or her present and future goals.

ATO provides individualized treatment plans for each of our clients and their families. <u>Treatment</u> goals are created with client and family inputs to increase the successful completion of our <u>A+ program</u>.

Our services <u>help</u> students with:

- Impulse control
- Defiance
- Anger control
- Anxiety
- Behavioral issues
- Social skills
  - Social Skills

• Attention issues

- Depression
- Emotional issues
- Other mental issues

# Every child deserves a chance at success!

The **goal** of ATO is the academic success and social self improvement for every student through **positive** collaborations with students, school officials, and family members.

Our group acts as an advocate liaison to ensure proper communication between the student, <u>school</u>, family, and community partners to promote a cohesive team approach for the student's success.

### <u>Therapeutic interventions</u> <u>include:</u>

- Appropriate self expression
- Anger management
- Impulse control and self-regulation
- Focus & redirection
- Improved self image
- Problem-solving skills
- Individual counseling
- Family counseling
- Weekly parent contact
- Social and interpersonal skills
- Appropriate peer relations



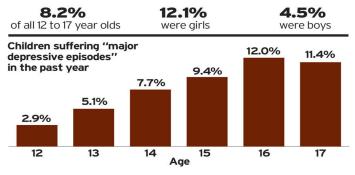
Promoting *positive* behavioral outcomes for children through *engagement* with schools, families, and the community. Join us. Introducing:



#### Mental health in children

Scientific studies and anecdotal research both show that adolescents are more likely to suffer mental health problems than adults, and that the middle school and high school years are a prime time for depression and suicidal thoughts.

Those who reported some kind of depressive incident:

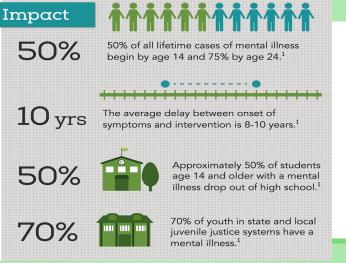


## Children and treatment

Mental Illness is a serious epidemic which plagues our children. The sooner a mental illness is identified and addressed in a *child*, the sooner that child becomes more productive and fulfilled in life. ATO's services are designed to increase a student's chance of success in the classroom and in life.

Join us! We're here to help.





## Increase teacher productivity

An educator's job is tough enough as is. Now many are being asked to play the additional roles of parent, law enforcement / security officer, and counselor. In short educators are being stretched thin.

ATO's <u>A+ Program</u> implements student based individualized services which help teachers get back to what they do best, educating our kids. Our person-centered approach develops rapport with students to help them <u>develop</u> positive goals and a obtainable roadmap for achieving success in the classroom.







Assurance Therapeutic Outreach, Uc.

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We are <u>H.O.P.E.</u> We are <u>H.</u>ealing We are <u>O.</u>ptimism We are <u>P.</u>urpose We are <u>E.</u>mpowerment