

<u>Help is just a</u> <u>phone call away.</u>



ATO respects and <u>appreciates</u> all current and former members of the military and provides services to help <u>breakthrough</u> the stigma of mental health issues among our soldiers, sailors, airmen, <u>wetterans</u>, their families, and medical staff to ensure that a greater number of military families receive the prompt and high-quality care they deserve.

## Recovery and Wellness

Assurance Therapeutic Outreach is a community-based behavioral / mental health organization providing outreach and services to active duty military, veterans, and their families across the city of Houston. Our services are:

- Targeted Case Management
- Medication Training and Support
- Skills Training and Development
- Crisis Intervention
- Counseling

We help veterans recover and regain control over <u>their life.</u>



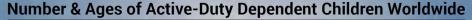
### Mental health services for those who served.

# If you are experiencing

abuse uncontrollable terrifying experiencing injury depression victim injury depression victim hyperarousal amnesia disease insomnia disease insomnia wiolence psychotherapy psychological. veterans therapy nervous impatience drugs alcohol disasters witnessing veterans disease anxiety vigilance emotional disturbing mental

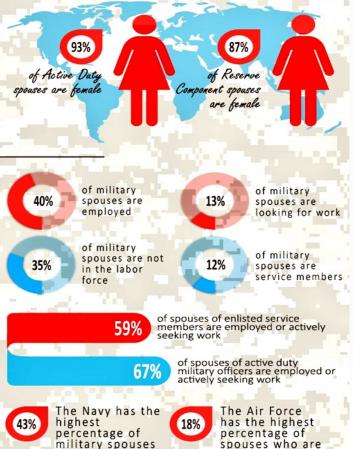
Contact us now. We want to help:





452,119	0-5 Years Old
340,327	6-11 Years Old
236,954	12-18 Years Old
47,403	19-22 Years Old

#### 1,106,664 DoD Spouses



service members

employed

### Stress and the home front!

Military spouses and <u>Children</u> can become forgotten casualties of military life. ATO has services designed to help military spouses and children <u>Overcome</u> the stresses imposed by the military lifestyle. Military families who need assistance with deployment-related <u>stress</u>, relationships, or even depression have several options with ATO to seek help. We provide:

- Individual spouse counseling
- Individual children counseling
- Family counseling
- Alcohol and substance abuse therapies
- Medication Management

Our <u>program</u> for adolescences is designed to be a therapeutic <u>mentor</u> for your child & we <u>develop</u> a individualized treatment <u>plan</u> to <u>improve</u> all aspect of his or her life.





You've served your country now let us serve you and you family!



<u>Contact us now!</u> We want to hear from you!

### Assurance Therapeutic Outreach, Uc.

<u>Address:</u> 440 Rayford Road Suite 140 Spring, TX 77386

Website: www.AssuranceTO.com <u>E-mail:</u> info@AssuranceTO.com <u>Phone:</u> 346-237-4282

We are <u>H.O.P.E.</u> We are <u>H.</u>ealing We are <u>O.</u>ptimism We are <u>P.</u>urpose We are <u>E.</u>mpowerment